



**Discover How You Can Use Your**

**MULTIPLE INTELLIGENCES**

**to do**

**COOL STUFF!**



**Are You Aware of The Latest Developments in Neuroscience  
Research That Proves You Have Not One...**

**But Three Brains?**

**And That Each Brain Has Its Own Intelligence?**

**The Advantages For You Are Profound...**

Scientific knowledge, the wisdom of past masters and neuroscience has proven that we have three brains; the head, the heart and the gut brain. Think about phrases we use like: "I need to think about that!", "You're breaking my heart!", "I need to digest that!", "It's hard to swallow".

These are our different brains communicating.

**Are You a Mum, Dad, Educator or Motivated Being?**

**A Coach, Trainer, Facilitator, Leader, Manager, Therapist, Body Worker or Mentor?**

**Do You Work With Others One-On-One Professionally?**

## Do you or those you work with...

- \* Suffer health issues, especially those affecting the Heart and Gut?
- \* Do you or do clients come to you with on-going unresolved issues, wrestling with continued indecisiveness and having ongoing internal conflict?
- \* Are you/your clients struggling with indecisive and unmotivated behavior, or seem to be continually struggling to move forward in life?
- \* Is there a recurring pattern of sabotaging dreams and goals?
- \* How do you assist... people struggling with internal conflict between their thoughts, instinct, feelings and actions? OR Continually behave in a destructive manner and not knowing how to stop?

## At This mBIT Coach Training...

You Will Learn how to Personally Use the Techniques to Re-Pattern and Re-Align your **Head, Heart & Gut Intelligence** to enhance Your Health and Wellbeing.

If you are a Professional, you can be of service and be able to support others in communicating with their bodies and becoming more aligned...

- \* Recognising and interpreting the different languages of your three Brains' main intelligences, you will experience improvement in all areas of your life more effectively.
- \* Gaining deeper insights into how your multiple brains produce internal conflicts with each other, How **YOU CAN** easily overcome them, creating successful healthy long term outcomes.
- \* How your gut and heart brains are able to learn and grow, and can actively be educated for greater intuition, along with your head brain, making even better decisions to be fully aligned with your decisions.
- \* Learning how you can balance the autonomic nervous system through the **mBIT Balanced Breathing** method to quickly relieve stress and anxiety.
- \* Finding and using the latest most innovative coaching techniques to add to your knowledge to enhance your skills.

## Introducing you to Multiple Brain Integration Techniques

### **mBIT**

These techniques are particularly suited to those seeking to get in touch with their most **Authentic Self** on a very deep and fundamental level.

These techniques can **Bring The Human Spirit Alive** and allow you and your clients to see who they really are... and who they can become.

Using these principles you will learn to coach yourself and others, not only for a cognitive awareness of self, but for a **Deeper Emotional and Instinctive Awareness**.

*In order to be 'whole' one must Align and Integrate Their Thoughts With Their Heart And Their Gut*



The discoveries of the heart and gut brains continue to gain more and more interest with many magazines now featuring articles on the subject - **Oprah's O** (July 2010), **Time Magazine** (Jan 26, 2011), the **New York Times** (Oct 11, 2011), **Psychology TODAY** (Nov 1, 2011), **Wall Street Journal** (Jan 17, 2012) and **New Scientist** (Dec 15, 2012) to name a few.

This is your chance to get in on the ground floor of this newly emerging field

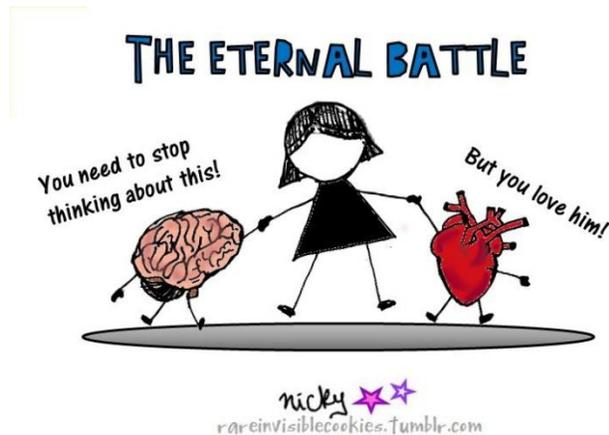
**mBIT Coach Training Brings Together All Of The Research Findings** along with behavioural modelling of the 3 brains into a practical framework that provides a set of **self-evolutionary tools** for wiser decision-making in all areas of life.

**Informed By The Latest Neuroscience**, proven scientific knowledge and along with techniques and concepts from NLP, Cognitive Linguistics, Positive Psychology and the field of Behavioural Modeling, the co-creators, **Marvin Oka** and **Grant Soosalu** have produced **leading edge models and practical techniques** for aligning the multiple brains and producing incredible results in human performance.



**mBIT – Multiple Brain Integration Techniques**  
**mBraining – the process of aligning your multiple brains using mBIT methodology**

## How Do You Make Decisions?



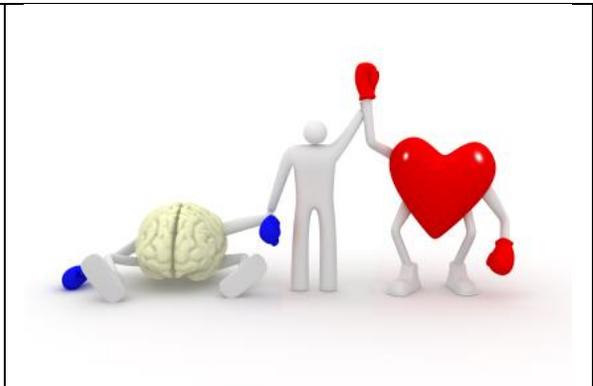
**Have You Ever Made A Decision,** and afterwards felt uncomfortable and worried about it for days because it just didn't sit well with you?

We have **3 separate intelligences** operating in our bodies and these have habits and learned patterns and can be aligned or not aligned.

**How Our 3 Brains Communicate** and operate with each other is vital for wise decision making, for success, health and happiness.

It can be life denying when our brains fight each other or ignore each other, and alternately,

**It Is Incredibly Life Enhancing And Enriching, When Our Multiple Brains Work Harmoniously Together To Produce Generative Wisdom In Our Lives.**



### **mBIT - Where Neuroscience Meets Ancient Wisdom**

What's most fascinating about this is that current scientific knowledge is finally catching up with deep insights from esoteric and spiritual traditions informing us for thousands of years about the three powerful intelligences of the head, heart and gut.

### **Now Isn't That Amazing!**

We've known at a deep and intuitive level, across the ages and within our own lives, that our intelligence, wisdom and core life competencies are not just embodied in the head...

### **The Insight Of Neuro Linguistics**

If you've ever 'lost heart', been 'guttled', had 'powerful gut reactions', or experienced 'deeply intuitive' messages, **You'll Immediately Recognize Just How Pervasive The Intelligence Is, And The Impacts Of, The Multiple Brain System!**

**mBraining** Coaches You In **Aligning Your Three Brains** To Achieve Greater Wisdom, Success and Happiness In a World Of Massive Change.

Can you relate to any of the following?

### Because people with Multi-Brain Integration Issues Display...

1. Internal conflict between their thoughts, feelings and actions
2. Repeatedly sabotage their dreams, goals and plans
3. Do unwanted behaviours or habits and don't know why and have difficulty stopping and changing these behaviours
4. Often have Chronic disempowering emotional states such as frustration, depression, anger, anxiety, sadness, melancholy etc.
5. Chronic health issues, especially those to do with the heart or gut!
6. They are challenged in making decisions
7. Are unable to motivate self and seem incapable of taking positive actions forward.

When you or your clients experience their life or behaviours this way, it's time to empower them by using the deeply integrative **mBIT processes** you'll learn during the mBIT Coach Training...

You Will Learn How and Be Able To...

Redesign How The Multiple Brains Work Together To Support And Enhance Your Life Success.

**mBIT Certified Coaches** continue to report that the **mBIT processes** create quicker and more lasting change for people and is an elegant and powerful adjunct to their existing toolkits.

You Will also Learn Simple And Powerful Techniques For **Detecting And Overcoming** Issues When Your Client's **Head, Heart And Gut Brains** **Are Not Aligned**.

The Evidence For Multiple Intelligences Outside Of The Head Brain – we intuitively know this and our language is scattered with these references...

	"Listen to your gut" "Trust the intelligence of your heart" "Follow your heart" "Use your gut intuition" "Deep inside I feel..."	"Trust your gut" "Be true to your heart" "My gut is telling me there's something wrong" "Deep in my heart I know" "Go with your gut response"
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These expressions all indicate in their neuro-linguistics that intelligence, wisdom and intuition are occurring in the regions of the heart and gut.

## After learning the mBraining techniques...

You will find you are opening up to the inherent wisdom of your deep inner self and becoming one with your core values and beliefs and your authentic self.

You also open up new possibilities in how you are creating and authoring your life.

## And that is truly life enhancing!

## This Training Will Change Your Life And Enable You To Coach Others To Change Theirs

**YOU WILL DISCOVER** the “how to” for yourself and then be able to integrate these concepts into your work for others to benefit too...

### **AFTER Completing mBIT COACH Program, YOU’LL BE ABLE TO...**

Establish even greater communication and will have gained alignment with your own multiple brains and their Unique Intelligences

Be ensured that each of your brains are operating from and apply the **HIGHEST EXPRESSIONS** of each of your neural networks gaining greater Wisdom for authoring your life as

**NEUROSCIENCE MEETS ANCIENT WISDOM**

## Who this mBIT Coach Training is for...



- YOU!
- Self - Health and Wellness Practitioners
- Leaders, Managers and Mentors
- Trainers, Educators and Facilitators
- NLP Trainers, Practitioners and Coaches
- Healthcare Practitioners
- Body workers
- Professional Coaches and Consultants of all types
- Counsellors and People Helpers
- Anyone who wants to evolve their own world or have with clients who have a 'deep knowing' that this can be best achieved when head, heart and gut are in alignment... and just needs the 'how to' tools and processes!

## Completing this mBit Coach Training Will Provide You with...

- Leadership in this newly emerging and exciting field
- A way to stand out and differentiate yourself in your marketplace
- A massive boost to your coaching effectiveness by learning to facilitate all three of your clients' intelligences
- Another powerful resource to tap into your clients innate intuition and the wisdom of their heart and gut brains

- The streamlining of your coaching processes gaining quicker, deeper and more generative results for your clients
- Access to a professional network and worldwide collaborative community of 'multiple brain coaches' who are working together to bring evolutionary change to the world
- Continuous support from the developers of mBraining

## The mBIT Roadmap

One of the models that has been developed is the **mBIT Roadmap**.

It is an explicit framework that outlines a clear developmental path when working with your three brains to bring them into coherence and alignment producing generative wisdom in your life.

"Educating the mind without educating the heart is no education at all." - **Aristotle**

"Knowledge coupled with a warm heart brings wisdom." - **Dalai Lama**

"That which is false troubles the heart, but truth brings joy-ous tranquillity." - **Rumi**

"And wanting what's precious you do what distorts your be-ing. The sage knows this in his gut, and is guided by his instinct and not by what his eyes want." - **Tao Te Ching**

### In summary, during this 4-day Program you will discover:

- How neuroscience research has shown that you have three brains, and how these findings validate ancient wisdom teachings and practices
- How to harness the innate intelligences and generate wisdom of your multiple brains through the process of "mBraining"
- An entire suite of powerful and easy to learn "multiple Brain Integration Techniques" collectively known as *mBIT*
- The 9 Prime Functions of your head, heart and gut brains, and how each provides you with a different ability and talent
- The 5 classes of *mBIT* Neural Integration Constraints that give you deep insight into how the three brains may produce internal conflict within yourself, and what you can do about it
- How to balance the Autonomic Nervous System through the 'mBIT Balanced Breathing' method to quickly relieve stress and gain access to the innate intelligences of your three brains
- How to work with the "Core Competencies Framework" to quickly diagnose un-resourceful states, and discern what's needed to bring the nervous system back into balance for optimal functioning in all three brains.
- The technique of 'mBIT Neural Syntax Mapping' to explicitly reveal the functional or dysfunctional sequence in which the three brains are working together or conflicting with each other
- The 'mBIT Foundational Sequence' to ensure you are working with the three brains in the optimum sequence for generative results
- How to work with 'mBIT Neural Integration Engagements' to significantly amplify the effectiveness and power of your techniques whenever working with the three brains
- How to recognize and overcome 15 types of Neural Integration Blocks that prevent integration between the three brains.

Your investment will include

- The opportunity to learn from Cheryl who was trained directly by the developers of mBIT, Marvin Oka and Grant Soosalu.
- Professional mBIT Coaching Certification (valid for ICF CCEU points)

## **Your Free Gift - Marvin Oka & Grant Soosalu's book mBraining is your gift at our mBIT Coach Training**

**BOOK NOW TO CATCH THE EARLY BIRD DISCOUNTED FEE**

### **What others say...**

"mBraining is an intriguing and profound book. The research on the three brains is now compelling and the authors do a masterful job of integrating this research in a practical approach you can start implementing immediately. I'm very grateful for the work that Grant and Marvin are doing with mBraining because it will help people understand the power of integrating their head, heart and gut brains to enhance every aspect of their life."



**Bruce Cryer** Author,  
From **Chaos to Coherence: The Power to Change Performance**  
Founding Director and former CEO, HeartMath, USA  
Co-founder What Makes Your Heart Sing

"mBraining extends notions of both brain and mind. Steven Pinker famously says that 'the mind is what the brain does'. Oka and Soosalu suggest **That A Greater Mind Is A Function Of A Greater Brain, That Comprising Head, Heart, And Hara...**" - **Stephen Elliott . Author and Life Scientist . Coherence, USA**

"mBraining is based on a synthesis of the latest research in neurology and cognitive science... This is the birth of a new field. In short, if you want a model that synthesizes other methodologies and that is based on hard science, then mBraining is for you. Learn it now and get in on the ground floor" - Wyatt Woodsmall, Ph.D. Business Consultant & Executive Coach, NLP Master Trainer and Master Modeller. Co-Creator of the International NLP Trainers Association. Washington DC, USA

**RESERVE YOUR SPOT NOW!**

Email Cheryl at [windhorsefarm@live.com](mailto:windhorsefarm@live.com)

Phone: 0419 004 222 if you have any questions

Registration form can be downloaded from

<http://www.mbrainingwithhorses.com/coach-certification>